

# Adrenal™

## FATIGUE FIGHTER



**NEW!**

Dietary Supplement  
60 VEG. CAPSULES



RIDGECREST HERBALS®

Adrenal Fatigue Fighter is a complex formula to strengthen and support adrenal function and energy. The ingredients in Adrenal Fatigue Fighter have been shown to help:†

- Enhance energy and alleviate fatigue
- Restore and sustain energy levels
- Promote mental clarity, concentration and alertness
- Decrease cortisol levels by up to 26%

RidgeCrest Herbals specializes in complex natural formulas for specific health needs.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving size: 2 capsules  
Servings per container: 30

	AMOUNT PER SERVING	%DAILY VALUE
<b>Adrenal Stress Support Complex</b>	246 mg	See below
Vitamin B1 (thiamin)	8 mg	553%
Vitamin B2 (riboflavin)	8 mg	488%
Vitamin B3 (niacin)	20 mg	100%
Vitamin B5 (pantothenic acid)	200 mg	2000%
Vitamin B6 (pyridoxine HCL)	8 mg	415%
Vitamin B12 (methylcobalamin)	8 mcg	138%
Biotin	400 mcg	133%
Folic Acid	400 mcg	100%
<b>Tonic Herbal Energy Complex</b>	710mg	No DV
Eleuthero root, Asian Ginseng root, Schizandra root, Suma root, Astragalus root, Asian Ginseng fried root, American Ginseng root.		
<b>Mental Energy Support Complex</b>	300 mg	See below
GABA (gamma-amino butyric acid)	250 mg	No DV
Taurine	50 mg	No DV
<b>Ayurvedic Herbal Stress Complex</b>	165 mg	See below
Sensoril® Aswagandha extract (8% withanolides)	125 mg	No DV
Holy Basil extract (2% ursolic acid)	40 mg	No DV

Sensoril® is protected under U.S. Patent 6,713,092 and is a trademark of Natreon, Inc.

**Other ingredients:** cellulose, cellulose capsule.

**Warnings:** Do not use if safety seal around cap is broken or missing. If pregnant or nursing, see a doctor. Keep out of reach of children.

**Directions:** Adults and children 12 or over, take 2 capsules twice daily. Results are usually felt within minutes or hours, and increase with continued use. Once desired results are obtained, try 1 capsule twice daily for maintenance. Take up to 4 caps twice daily during times of high stress or fatigue.

**Other information:** Capsule size "00". Contains no corn, dairy, soy, wheat, yeast, or animal products.

**"Guaranteed Results, Naturally!"**

Manufactured for:  
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